

# Intended Consequences

Beyond the Box-Ticking Exercise

Mika Boström

[<mika.bostrom@iki.fi>](mailto:mika.bostrom@iki.fi) / [<mika.bostrom@smarkets.com>](mailto:mika.bostrom@smarkets.com)

# About Me

- In the field since 1992
- Head of security at Smarkets
- Data Protection Officer
- SecDevOps advocate

# About Me

- In the field since 1992
- Head of security at Smarkets
- Data Protection Officer
- SecDevOps advocate
- Moved to London for the weather

# Agenda

- Reality check: theory vs. practice
- Usability lessons
- Way forward

Theory

**People want security**

Practice

**People ask for security  
but choose convenience**

# Dirty Secret of Infosec Industry

Compliance





# Getting Security Team Involved

- < 1 day

# Getting Security Team Involved

- < 1 day
- < 3 days

# Getting Security Team Involved

- < 1 day

- < 1 week

- < 3 days

# Getting Security Team Involved

- < 1 day
- < 3 days
- < 1 week
- $\geq 1$  week

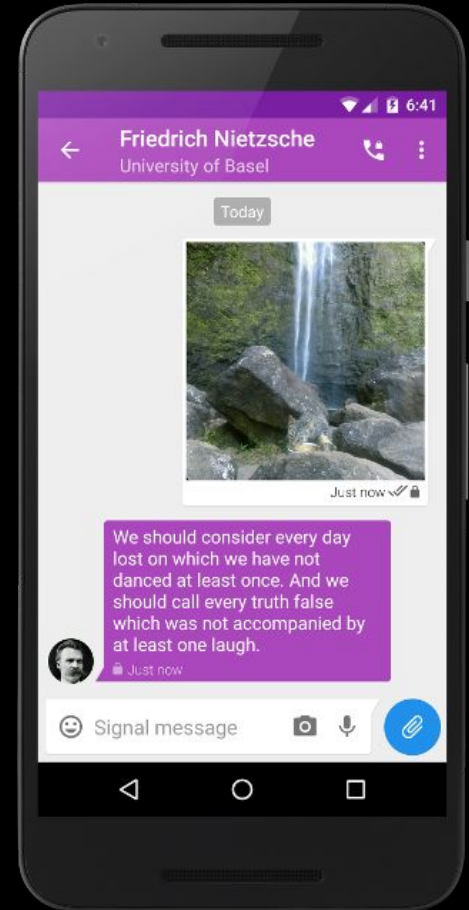
What Was Your Intention?

# Usability is everything

```
gpg --armor --recipient  
arthur.dent@planet.earth  
--sign --output [...]
```

# Usability is everything

```
gpg --armor --recipient  
arthur.dent@planet.earth  
--sign --output [...]
```





Bad Ideas, Worse Practices

**Your password  
must contain ...**

# Example - London School of Economics

LSE's password policy means that passwords must:

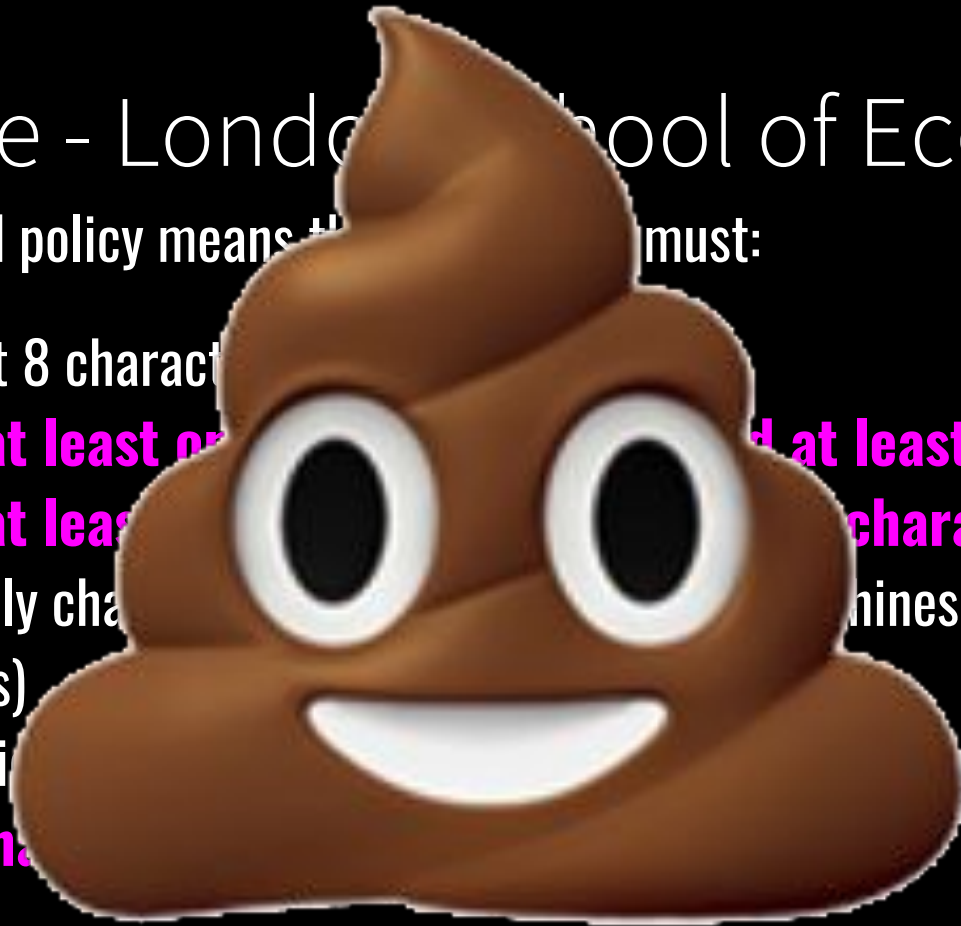
- be at least 8 characters long
- **contain at least one uppercase letter and at least one lower case letter**
- **contain at least one number *or* punctuation character**
- include only characters supported on campus machines (avoid international characters)
- not be a dictionary word
- **be less than 12 months old**

*From: <http://www.lse.ac.uk/intranet/LSEServices/IMT/guides/accounts/chooseStrongPassword.aspx>*

# Example - London School of Economics

LSE's password policy means that passwords must:

- be at least 8 characters long
- **contain at least one upper case letter and at least one lower case letter**
- **contain at least one special character**
- include only characters found on a standard keyboard (avoid international characters)
- not be a dictionary word
- **be less than 16 characters**



From: <http://www.lse.ac.uk/intranet/LSEServices/IMT/guides/accounts/chooseStrongPassword.aspx>

# Rest Of The World Finally Catching Up

## **NIST Recommendations:**

- **Allow at least 64 characters**
- **No composition rules**
- **No arbitrary rotation**

## **NCSC Guidelines:**

- **No regular expiration**
- **Use 2-Factor Auth**
- **Reject known-broken passwords**

# Rest Of The World Finally Catching Up

## **NIST Recommendations:**

- **Allow at least 64 characters**
- **No composition rules**
- **No arbitrary rotation**

## **NCSC Guidelines:**

- **No regular expiration**
- **Use 2-Factor Auth**
- **Reject known-broken passwords**

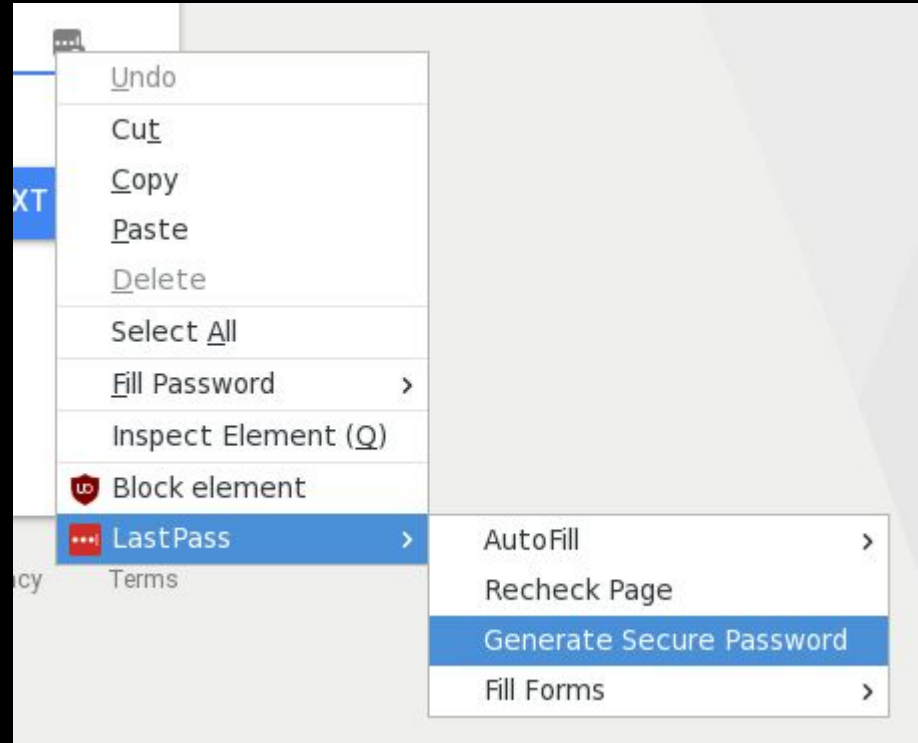
**Watershed, 2010:** *The True Cost of Unusable Password Policies: Password Use in the Wild*

(<https://www.cl.cam.ac.uk/~rja14/shb10/angela2.pdf>)

# How To Handle Lots Of Passwords



The screenshot shows the AWS IAM console sign-in page. It features the AWS logo at the top left. Below it are three input fields: "Account ID or alias" containing "smarkets", "IAM user name" containing "mika", and "Password" which is masked with black dots. A blue "Sign In" button is at the bottom. A red rectangular box highlights the LastPass icons (a speech bubble with a key) located to the right of each input field. At the bottom left, there is a link: "Sign-in using root account credentials".



Plus Of Course..



What Was Your Intention?



**BEST PASSWORD IS  
ONE YOU DO NOT  
KNOW - OR REMEMBER**



Auditors Can Make Insane Demands

**Security. Usability. Sanity.**

**Pick at most one.**

# Dealing With Dubious Auditor Demands

- **Show research**
- **Educate**
- **Provide reading material**
- ***CONTEST***

# Smarkets's Policy Review 2018

```
% git show --pretty=fuller --reverse  
--since=2017-01-01 --until=2018-01-01
```

```
% git diff --since=2017-01-01  
--until=2018-01-01
```

**Time: 20 minutes total**

# What Can We Do?

## COMPANIES:

- Publish your research
- Understand auditor demands
- Never just tick boxes
- Security teams are not gatekeepers

## INDIVIDUALS:

- Educate auditors
- Demand usability
- Write blog posts

# Why Publish Corporate Research?

- We need better arsenal
- We need more public data
- Auditors understand black-on-white evidence

Few Things Generate More Data ...



Few Things Generate More Data ...

... than an academic who  
wants to prove you wrong

Unless...

... they want to prove that

**another academic** is wrong

What Was Your Intention?

Theory vs. Practice - take 2

**People ask for security  
but choose convenience**

Make the secure option  
more convenient and you  
can not keep people away

# Thank you

**Email:** <[mika.bostrom@smarkets.com](mailto:mika.bostrom@smarkets.com)>

**IRC:** (please ask)

**Twitter:** n/a

**Facebook:** n/a

